



## Navigating the Journey Virtual Workshops

### A Free Overview of Autism Spectrum Disorders and Services

Join us for this helpful series designed for families of children who have recently received a diagnosis of Autism Spectrum Disorder (ASD). We will explore ASD and co-occurring diagnoses, steps to consider after a diagnosis, therapies, including local and State services available to families. This series also seek to provide a platform for caregivers to share personal experiences and coping strategies. You are welcome to join us if you care for someone with another diagnosis. You may find this series helpful. Registration is required for any session you wish to attend. Click on the title(s) below:

 [\*\*The Parent Panel: An Empowering Discussion for Caregivers and Advocates of Individuals with Special Health Care Needs\*\*](#)

Thursday, April 27, 2023 6:30pm to 8:00pm EDT

 [\*\*A Medical Overview of Autism Spectrum Disorders\*\*](#)

Thursday, May 11, 2023 10:00am to 11:30am EDT

 [\*\*Ask the Therapists: Psychologist, Speech, and Occupational Therapists\*\*](#)

Thursday, May 25, 2023 6:30pm to 8:00pm EDT

Questions? Contact Sandra at 908-301-5944 or [sjohnson@childrens-specialized.org](mailto:sjohnson@childrens-specialized.org)

