

Contextual Family Services presents...

THRIVING WITH **ADHD**

Kristyn Eckert, MA, LMFT, ADHD-CCSP
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About The Group

Thriving with ADHD is a FREE 8 week group therapy program focused on supporting males ages 8-12 with ADHD and their families. If enrollment is low female participants will be permitted to participate.

Two groups will be occurring this May/June. One will take place at the Pioneer Family Success Center in Somerville, NJ and the other will be at the Washington Alliance Church in Washington, NJ. The first and last session of the group are for parents and will be held virtually. Group components include coping skills, executive function skills, social skills and nutrition.

For more info contact:

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Sign up now for this

FREE PROGRAM

- **8-week group**
- **Boys between the ages of 8-12** (girls will be permitted if enrollment is low)
- **Healthy snacks provided**
- **Hands on and engaging**

To register click [here.](#)

**Registration Deadline
is Thursday April 20th.**