



Why Schools Want the Nurtured Heart Approach?

Decreased Bullying & Discipline Referrals - As children learn to regulate emotions and build awareness of their own Inner Wealth™ less time is spent by the child acting out with inappropriate behavior. Consequently, schools see significant decreases in problem behaviors, bullying, discipline referrals, suspensions and student dismissals.

Decreased Staff Turnover – By using the NHA in your classroom, it promises to affect not only your students but all relationships relating to staff, administration, family and friends, and will effortlessly be used in every relationship they encounter. Simply put, teachers love and embrace the NHA as it creates the highest level of relationship known to all school systems.

Reductions in Misbehavior and Conflict is the overall outcome using the Nurtured Heart Approach. With NHA you will be creating something far deeper in the forming of relationships with our children knowing each other and themselves from a far more loving, insightful and connected place

PBIS and NHA - A Perfect Fit - Both programs can work in concert. PBIS concentrates on reducing negative behavior and rewarding positive behavior by praise and offering rewards, and with its 3 Tier Program it can take 3 to 5 years to fully implement.

The NHA focuses their attention on creating “Inner Wealth” by using powerful cutting-edge tools using the “3-Stands”. **1- ABSOLUTELY NO! No energy is given to negativity. 2- ABSOLUTELY YES! Super-Energize experiences of success. 3- ABSOLUTELY CLEAR! Set Clear Limits and provide clear un-energized consequences.**

The approach is so readily transferred to school staffs that they become fully implemented in just 30 days. NHA also offers parenting classes thru the school with the same 30-day results.

Increased Academic Achievement - The relationship-focused methodology that is central to Nurtured Heart Approach creates awareness of a student’s own strengths and potential for greatness and helps him or her realize a willingness and desire to achieve it. Increased attendance and student participation leads to a highly-motivating classroom environment that empowers students to embrace the risk-taking required to be successful in achieving the student learning standards.

Improved School Culture - Educators want workplaces with high rates of collegiality and support, and students want schools with a caring, positive climate. The Nurtured Heart Approach creates a healthy environment that positively impacts adult-adult and adult-child relationships, perceptions and behaviors.

Healthier Social Emotional Skill Sets - Self-regulation and other executive function abilities are better predictors of life success than any other factor. The Nurtured Heart Approach increases both adults’ and children’s emotional intelligence so they can succeed, both in the moment and in life.