

## GENERAL INFORMATION

**Food Banks, Pantries, & Soup Kitchens in Somerset County:** Visit their website, [www.somersetfoodbank.org](http://www.somersetfoodbank.org).

**Somerset County Library System:** Offering programs for all ages. Visit their website, [www.sclsnj.org](http://www.sclsnj.org).

**NJ211:** Access health and human service resources by dialing 211, and texting your zip code to 898-211. Visit their website, [www.nj211.org](http://www.nj211.org).

**Somerset County Office of Youth Services:** Directory of Youth Serving Agencies & Programs. Visit the county website, [www.co.somerset.nj.us/government/human-services/youth-services/resource-directory-for-professionals](http://www.co.somerset.nj.us/government/human-services/youth-services/resource-directory-for-professionals).

**Juvenile Institutional Services:** Question & Answer Line: 908-704-6355 or [QAL@co.somerset.nj.us](mailto:QAL@co.somerset.nj.us). **FireWatch Program:** 908-704-6353.

**Tri-County Resource Net:** Search for various resources/providers including behavioral health, support services, and more. Visit their website, [www.tricountyresourcenet.org](http://www.tricountyresourcenet.org).

**HOME of Somerset County:** 908-704-1920 for case management, financial counseling, resource connection, mental health counseling, basic needs assistance, and food security for at-risk families. Accepts referrals for emergency shelter through the Board of Social Services or DCP&P. Also provides transitional and independent living programs for families. Visit their website, [www.homescnj.org](http://www.homescnj.org).

## WHAT DOES THE CIACC OF SOMERSET COUNTY DO?

The Children's Inter-Agency Coordinating Council (CIACC) in Somerset County serves as the planning body for the state's Children's System of Care (CSOC).

Its primary aim is to develop and sustain a responsive, accessible, and integrated system of care for young individuals facing emotional and/or behavioral health challenges, intellectual or developmental disabilities, or substance use.

Through collaborative partnerships with youth, parents, consumers, educators, and youth-serving agencies, CIACC identifies needs, addresses barriers to effective service delivery, and offers recommendations on programs and policies.

This ensures that Somerset County maintains a comprehensive system of needed services for its youth.



Somerset County Department of  
Human Services  
Office of Youth Services

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✉ [Youth@co.somerset.nj.us](mailto:Youth@co.somerset.nj.us)

☎ 908-704-6333

📠 908-253-0180

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Somerset County Department of  
Human Services  
Office of Youth Services

Children's Inter-Agency Coordinating Council of Somerset County

**CIACC**

## RESOURCE GUIDE for youth & families



[www.co.somerset.nj.us](http://www.co.somerset.nj.us)



## YOUTH & FAMILY CRISIS:

**Bridgeway Psychiatric Emergency Screening Services (PESS):** 908-526-4100 for 24/7 crisis intervention, stabilization, family crisis services, and mobile outreach focused on hospital diversion. Visit their website for more information, [www.bridgewaybhs.org](http://www.bridgewaybhs.org).

**PerformCare:** 877-652-7624 to access Mobile Response & Stabilization Services (MRSS) or the Care Management Organization (CMO), available 24/7. Visit their website to learn more, [www.performcarenj.org](http://www.performcarenj.org).

- **Mobile Response (MRSS):** In-person support for youth and families experiencing crisis, creating safety plans and linkages to services. Can be accessed 24/7/365 by calling PerformCare at 877-652-7624.

- **Care Management Organization (CMO):** In-home case management and support for youth facing various challenges such as emotional/behavioral health challenges, intellectual or developmental disabilities, or substance use. To access call PerformCare.

**Family Crisis Intervention Unit (FCIU):** 908-704-6330 for immediate intervention and short-term family counseling to address conflicts or threats to youth well-being. Referrals accepted from various sources in Somerset County, [www.co.somerset.nj.us/government/human-services/youth-services/family-crisis-intervention-unit](http://www.co.somerset.nj.us/government/human-services/youth-services/family-crisis-intervention-unit).

**2nd Floor Youth Helpline:** 888-222-2228 (text/call), available 24/7 for youth ages 10-24, [www.2ndfloor.org](http://www.2ndfloor.org).

**Crisis Text Line:** Text HOME to 741741 for 24-hour crisis support, [www.crisistextline.org](http://www.crisistextline.org).

## SUICIDE PREVENTION:

**988 Suicide & Crisis Lifeline:** Available 24/7 for those in crisis, offering support via phone, text (988), or online chat. Visit their website for more information, [www.988lifeline.org](http://www.988lifeline.org).

**NJ Suicide Prevention Hopeline:** 1-855-654-6735 or access support via text, email, or chat, available 24/7. Visit their website to learn more, [www.njhopeline.com](http://www.njhopeline.com).

**The Trevor Project:** Crisis intervention and suicide prevention specifically for LGBTQ+ youth under 25, accessible 24/7 via 866-488-7386, text (START to 678678), or online instant message. Visit their website for assistance, [www.thetrevorproject.org/get-help-now](http://www.thetrevorproject.org/get-help-now).

## SUBSTANCE USE:

**ReachNJ:** 1-844-732-2465 for 24/7 addiction support for individuals with substance use disorders or their loved ones. Visit their website for more information, [www.reachnj.gov](http://www.reachnj.gov).

**Nj Addiction Services Hotline:** 1-844-276-2777 for 24/7 assistance and referrals to substance use treatment services.

**Guided Life Structures:** 908-704-0011 for substance use treatment in Somerville, [www.guidedlifestructures.org](http://www.guidedlifestructures.org).

## ABUSE/NEGLECT, DOMESTIC VIOLENCE, SEXUAL ASSAULT:

**Division of Child Protection & Permanency (DCPP):** 877-652-2873 to report child abuse or neglect allegations. The State Central Registry (SCR) is available 24/7 for reports.

**Safe + Sound Somerset 24-Hour Helpline:** 866-685-1122 for 24/7 crisis support related to domestic violence, sexual assault, or sexual violence. Assistance is available via phone call or text. Visit their website for more information, [www.safe-sound.org](http://www.safe-sound.org).

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**Child Advocacy Center (CAC):** 908-231-7601 or [cac@co.somerset.nj.us](mailto:cac@co.somerset.nj.us). Provides forensic interviews regarding allegations of abuse or neglect, links families with medical, mental health treatment, and other community resources. Referrals can be made by calling DCP&P 24-hour hotline (877-652-2873), reporting concerns to local police department or to the Somerset County Prosecutor's Office - Special Victims Unit.

## OUTPATIENT TREATMENT SERVICES:

**\*\*Richard Hall Community Health & Wellness Center:** 908-253-3165 for mental health treatment in Bridgewater. Visit their website, [www.co.somerset.nj.us/government/human-services/mental-health](http://www.co.somerset.nj.us/government/human-services/mental-health).

**\*\*Catholic Charities:** 908-722-1881 for mental health treatment in Bridgewater. Visit their website, [www.ccdom.org](http://www.ccdom.org).

**\*\*Jewish Family Service of Somerset, Hunterdon & Warren Counties:** 908-725-7799 for mental health treatment in Somerville. Visit their website, [www.jewishfamilysvc.org](http://www.jewishfamilysvc.org).

**\*\*Family & Community Services of Somerset:** 732-356-1082 for substance use and mental health treatment in Bound Brook. Visit their website, [www.fcssomerset.org](http://www.fcssomerset.org).

**\*\*Future Project:** 844-687-5397 for mental health treatment in Bridgewater. Visit their website, [www.futureproject1999.com](http://www.futureproject1999.com).

**High Focus:** 877-613-5413 for substance use & mental health treatment in Branchburg. Visit their website, [www.highfocuscenters.com](http://www.highfocuscenters.com).

**GenPsych:** 855-436-7792 for mental health treatment in Bridgewater. Visit their website, [www.genpsych.com](http://www.genpsych.com).

**Center for Discovery:** 877-217-4031 for eating disorder Partial Hospitalization Program (PHP) & Intensive Outpatient Program (IOP) in Bridgewater. Visit their website, [www.centerfordiscovery.com](http://www.centerfordiscovery.com).

**\*\*ACCEPTS NJ FAMILY CARE/MEDICAID**

## SUPPORT GROUPS:

**Family Support Organization (FSO) of Hunterdon, Somerset & Warren:** 908-223-1191 Family-oriented support information, education, and advocacy. Visit their website, [www.fso-hsw.org](http://www.fso-hsw.org).

**National Alliance on Mental Illness (NAMI) Somerset:** Provides support groups for individuals and families impacted by mental illness. Visit their website, [www.naminj.org](http://www.naminj.org).

**Eating Disorder Group (RWJ):** 908-685-2847 for support. Visit their website, [www.rwjbh.org/rwj-university-hospital-somerset/treatment-care/mental-health-and-behavioral-health](http://www.rwjbh.org/rwj-university-hospital-somerset/treatment-care/mental-health-and-behavioral-health).

**All Recovery Meetings (RWJ):** non-denominational group meetings that support all pathways to recovery. Visit their website, [www.rwjbh.org/treatment-care/institute-for-prevention-and-recovery/all-recovery-meeting](http://www.rwjbh.org/treatment-care/institute-for-prevention-and-recovery/all-recovery-meeting).

**HiTops:** 609-683-5155, located in Princeton, support groups for youth (ages 11-18), trans/non-binary guardian & youth groups, youth/adult mentorship, parent/guardian workshops. Visit their website, [www.hitops.org](http://www.hitops.org).

**RWJ Somerset Babs Siperstein PROUD Center:** health care services & support groups for LGBTQ+ community, located in Somerville. Visit their website, [www.rwjbh.org/rwj-university-hospital-somerset/treatment-care/babs-siperstein-proud-center](http://www.rwjbh.org/rwj-university-hospital-somerset/treatment-care/babs-siperstein-proud-center).

