

The most important step is the first ...



Parents as Teachers™

Serving Warren County, NJ

FREE & VOLUNTARY Home Visitation Services

for families who are pregnant or parenting an infant or toddler

Services are available through your child's 5th birthday

The Parents as Teachers program is administered in Warren County by the Partnership for Maternal & Child Health of Northern New Jersey.



Partnership for
Maternal &
Child Health
OF NORTHERN NEW JERSEY

Home Visitation offers skills, support & encouragement to help you...

- Take charge of your child's healthy development
- Identify and access medical and childcare resources
- Balance work & family
- Achieve education & career goals
- Prepare for the changes a growing family demands
- Develop a child care plan
- Succeed in your job search

Ready to take the first step?

To connect with
Parents as Teachers at

Partnership for Maternal & Child Health,
contact:

Healthy Women, Healthy Families

Home Visitation Central Intake:

(973) 940-3500

Or sign up online to receive more information:

<http://weblink.donorperfect.com/homevisitation>

Healthy Women, Healthy Families is a service of
Project Self-Sufficiency • www.projectselfsufficiency.org



The Benefits of Home Visitation

FREE and VOLUNTARY!

Home visits are for expectant parents and parents with young children,
Including babies, toddlers, and preschoolers.

Parents can get information and support from trained family support workers, parent educators, or registered nurses, right in the comfort of their own homes.

Home visitation programs promote positive parent-child relationships, help families set goals, builds on family's strengths, and help families overcome challenges.



Home visits focus on:

- teaching parents about child care and development
- practicing positive parenting skills
- promoting children's safety and health
- improving parents' health and well being

Home visits help parents:

- feel more confident about their roles and responsibilities
- connect with other resources, such as medical care
- get basic health information and save money on health-care costs
- reach goals such as returning to school or finding a job

Home visits make sure children:

- are ready for school and less likely to drop out
- have a lower risk of problem behaviors later in life, such as substance abuse or delinquency
- have a lower risk of health problems, abuse or neglect

If you would like more information or if you would like to sign up for a home visitation program,
Contact Project Family Connect Central Intake

Toll Free: 1-844-807-3500

