

# LGBTQ

## Suicide Prevention Resources



### National Suicide Prevention Lifeline

1-800-273-TALK (8255), Veterans: Press 1



### Text TALK to 741741

Text with a trained counselor from the Crisis Text Line for free, 24/7



### The Trevor Project

TrevorLifeline: Available 24/7 at 1-866-488-7386

TrevorText: Text TREVOR to 1-202-304-1200

TrevorChat: Via [thetrevorproject.org](http://thetrevorproject.org)



### Trans Lifeline

Support for transgender people, by transgender people

1-877-565-8860



### SAGE LGBT Elder Hotline

Peer-support and local resources for older adults

1-877-360-LGBT (5428)



### The LGBT National Hotline

Peer-support and local resources for all ages

1-888-843-4564