

# Horses and Youth

Spring Reins of Life is offering:

## An Equine Assisted Therapy Group 2023

Located at Hunt Cap Farm in Three Bridges, NJ

A unique, solution focused in-person therapy group guided by horses to learn positive behavior and life skills.

Designed to help youth learn about relationship skills, communication, respect, responsibility, boundaries, empathy and choices.



Mondays  
6:00-7:30 pm

April 17, 2023

April 23, 2023

May 1, 2023

May 8, 2023

May 15, 2023

May 22, 2023

Group Eligibility:

Age Range: 11-13

Cost: FREE (covers all 6 groups)

Group Size: 8 participants (max)

Criteria for Acceptance:  
Youth at-risk of experiencing or have experienced adverse childhood experiences.

Registration due by April 14, 2023

For information or to make a referral contact Erin Reyhan at  
908-528-0979 or [erinreyhan@yahoo.com](mailto:erinreyhan@yahoo.com)