
Live YOUR life by Your Design:

*Live Your Life by Your Design...
IQ is defined as intelligence
quotient. This definition is a
label created by society to define
people. Not every individual
labelled with a high IQ is
guaranteed to succeed. In fact,
there is a far greater chance, the
EQ: emotional quotient side, is
likely to manifest itself in our
lives. Time has shown to be a far
better indicator to measure
success and happiness. A
person's personal development,
personal growth and
understanding his or her EQ can
bring the empowerment and
understanding needed for
success in his or her life.*

YOU MAY REQUEST SERVICES BY
CONTACTING US AT:

1(844) OUR-KEYS

WE ARE LOCATED AT:

Somerset County Office
672 US Highway 202/206, Suite 106,
Bridgewater, NJ 08807
Phone: 908-393-9957 Fax: 908-393-9959
futureprojectintake@gmail.com

ABOUT US

Future Project is comprised of License
Professional Counselors and Social
Workers who are committed and
dedicated to the recovery principles.

HOURS OF OPERATION

Monday-Saturday 9:00am-8:00pm

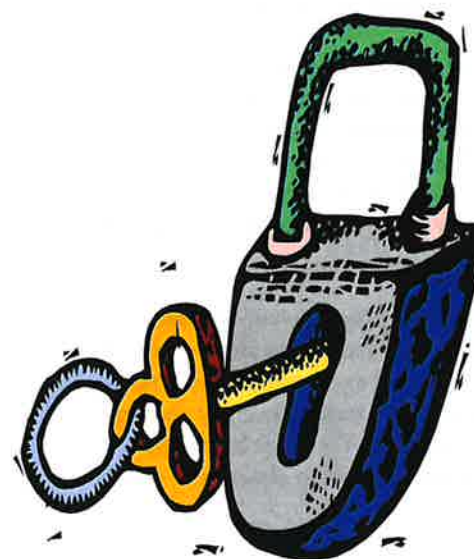
Call for your free consultation today.

Our trained staff will discuss all the
treatment options available that will
best suit you and/or your family
member.

Sliding Scale Plan is also available.
Payment arrangements can be made.

FUTURE PROJECT OUTPATIENT PROGRAM

"Unlocking Your Future Potentials."



*"Understanding What Is Always
Coming But Never Arrives."*

Our professional team is prepared to help
you work through life issues using
individual or group counseling to
effectively deal with obstacles preventing
you from accomplishing your goals.

Future Project professional staff understand that you may encounter difficulties resulting from loss of a family member or a friend. You may be dealing with substance or other addiction problems even though you have tried many times to seek help. You may feel like giving up and like help is not available for you, Future Project's staff are available to work with you on your path to recovery.

We understand that challenges are a part of life. If you feel like giving up, we are here ready to provide you with the support you need through individual or group sessions. Fear, anxiety and depression are issues if not dealt with, may prevent you from reaching your goals in life

Our staff specialized in various treatment techniques tailored to provide you with the support needed to overcome your challenges. Future Project's staff believe that recovery is a collective effort. You must be committed to your treatment goals to obtain your overall goals.

During recovery, you may experience changes in your behavior, lifestyle and attitude which may influence your daily activities. Future Project's trained staff are here to assist you every step along the way.

SERVICES

Individual Counseling

As you accept to live this life, you should already have expected and be ready that hurdles and problems will be thrown in your way as you try to live your life to the fullest. Problems are everywhere and just about probably every individual has them, while some dealing with quite a few. Facing these problems are challenges that you will need to overcome in order to show that you are worth the life given to you. Our individual counseling may help you in several ways.

Couples Counseling

Good relationships are the spices of life. Without it, people might be living with complete strangers. However, establishing and maintaining a good relationship is never easy as it may seem. Every relationship comes with their individual issues that both parties involved have to tackle. This is especially true with married couples, who need to make their relationship stronger and more dependable for the sake of their children.

Play Therapy

In every family, children are our first priority. They are the most affected and most troubled when something wrong is happening in the family. As much as you want to and much effort you exert, it is never easy to build and maintain a healthy and happy family.

Group Therapy

While it's true that each of us are uniquely made, and may have unique circumstances, none of us are alone in our struggles. Sometimes we face situations that make us feel like we are not understood, on the verge of losing hope, not receiving support, have no voice, and must face obstacles alone. Group therapy offers a therapeutic environment to exchange those feelings and enhance the understanding of yourself. Our Group Therapy is much like a family in some ways where group members are able to offer support by sharing strengths, experiences and hope. Let our groups help you realize you're not alone on this journey in life and that someone will be there with you on that journey.