## ARE THERE ANY OTHER SERVICES?

Fisherman's Mark provides comprehensive social services designed to promote self-sufficiency including:

- Information, Resource & Referral: Linking clients to available resources, advocating for and maximizing clients' strengths.
- Case Management: Intensive intervention for those in crisis or with complex needs.
- Lambertville Academy:
   NAEYC accredited early learning center. Tuition assistance available through NORWESCAP Voucher program.
- Los Puentes: Advocacy program designed to bridge individuals to FM services and the community at large.
- Community Outreach: An array of programs open to the community to increase awareness of our services, promote wellness for all and bypass stigma.
- Volunteer Program: An opportunity for everyone to become involved by contributing their time and experience.

Learn more at fishermansmark.org



# CONTACT INFORMATION

37 South Main Street Lambertville, NJ 08530 609-397-0194 info@fishermansmark.org www.fishermansmark.org

#### Office Hours

Monday - Friday 9:00am to 5:00pm

#### **Pantry Hours**

Monday-Wednesday-Friday 10:00am to 12:00pm

Tuesday & Thursday 3:00pm-5:00pm

(call ahead - pantry is subject to close if no volunteer coverage)

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-839. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at:http://

www.ascrusda.gov/complaint filing\_cust limb, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW

(2) fax: (202) 690-7442; or

(3) email: program intake rusda.gov.

This institution is an equal opportunity provider



# THE FISHERMAN'S MARK FOOD PANTRY



Monday-Wednesday-Friday 10:00 am—12:00 pm Tuesday & Thursday 3:00 pm—5:00 pm 609-397-0194

#### WHAT WE DO

The Fisherman's Mark Food Pantry assists local neighbors in need by offering food and other items free of charge. We strive to offer nutritious foods along with educational programs to promote healthy eating habits.

#### WHAT CAN GET IN THE **FOOD PANTRY?**

The Fisherman's Mark Food Pantry offers many items. You "shop" for what you need.

- Meat, fish & poultry (frozen & canned)
- Fruit (fresh, frozen & canned)
- Vegetables (fresh, frozen & canned)
- Pastas & sauces
- Snack foods & beverages
- Baby food & supplies
- · Flour, sugar, salt, spices and condiments
- Health & beauty supplies
- Household cleaning supplies & paper products
- Pet Food

Our goal is also to provide items to accommodate special diets and improve access to healthy foods. Inventory varies and availability is limited.

#### **HOW DO I GET STARTED?**

Stop by our office, no appointment is necessary.

You will be asked to complete an Intake Form. The Intake Form must be updated once each year.

When Intake is completed, you will be issued a Pantry Card. That card must be presented each time you visit the Pantry and you will be asked to sign in. A Volunteer will assist you with your shopping.

#### **HOW DO I QUALIFY?**

If you receive any of the following, you are automatically eligible:

- TANF (Temporary Assistance for Needy Families)
  SNAP/Food Stamps
  SSI (Supplemental Security Income) different from Social Security Retirement
- WIC (Women, Infants and Children)
- Medicaid

### If you do not receive any of the above you may still be eligible if:

- Your household earns under 185% Federal Poverty Limit
- Your family is in a current financial crisis caused by disaster or transition

Non-New Jersey residents, non-Hunterdon County residents or individuals living outside of the 10-mile radius of our office may qualify for a onetime Emergency Food Card if they also meet the above qualifying conditions.

#### **COMMUNITY PARTNERS**

Fisherman's Mark looks to ensure healthy food options to all community members. We are grateful for the tremendous community support for our Food Pantry, which is entirely staffed by Volunteers.

Our Food Pantry Program is supported by NORWESCAP Food Bank, GIANT Foods, ShopRite, Wawa, Costco. Starbucks and Rolling Harvest. We also receive many donations of food from individuals, businesses and local food drives.



In addition to our Food Pantry, we partner with area farmers to provide healthy, locally-grown produce with a program called Farmers, Families and Fisherman's Mark. This seasonal effort offers wellness education and cooking demonstrations with area chefs, bringing concepts of healthy living through nutrition, and eating local and organic to all community members. For more info go to www.fishermansmark.org