

### Areas of expertise include:

- Youth with behavioral or emotional difficulties
- Youth who have experienced trauma
- Youth involved with, or at risk of involvement with the juvenile justice system
- Pre- and post-adoption counseling (formerly PACS)
- Families formerly involved with the Division of Child Protection and Permanency
- Youth returning from residential treatment or psychiatric hospitalization
- Refugee and migrant families, including homes with federally designated unaccompanied migrant children

## **Contact Us**

For more information or to request counseling, please contact us at (908) 352-7474 or FACSintake@facsnj.org www.facsnj.org



#### MAIN OFFICE

#### MID-TOWN ELIZABETH

40 North Ave. Elizabeth, NJ 07208 908-352-7474 908-965-3227 (fax)

70 West Grand St. Elizabeth, NJ 07202 908-372-1007 908-372-1018 (fax)

Family and Children's Services provides IIC services through the New Jersey Department of Children and Family's Children's System of Care (CSOC), which provides funding for the program. Referrals to IIC are made through PerformCare **1-877-652-7624**.



Strengthening Families, Building Futures Since 1893



# INTENSIVE IN-COMMUNITY SERVICES (IIC)

An intervention program for youth with behavioral and emotional challenges and their families

## **Intensive In-Community Services Description**

Family and Children's Services' IIC is a goal-oriented, needs-based clinical intervention that addresses emotional and behavioral challenges of youth and their families. Typically provided in the family home, the therapy is designed to successfully maintain the youth in the home and community.

We use a family-centered, trauma-informed approach to therapy. Our licensed clinicians each complete training in at least one evidence-based treatment, and approach every child and family with a strengths-based, culturally-competent, empathic perspective.

FACS clinicians have experience in Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), TARGET (Trauma Affect Regulation Guide to Education and Therapy), ARC (Attachment, Regulation and Competency), the Nurtured Heart Approach, Motivational Interviewing, and other techniques.



## **Our History**

Founded in 1893, Family and Children's Services began as the Charity Organization Society. It was joined in 1898 by the Elizabeth Society for the Prevention of Cruelty to Children.

Our commitment to these two organizations continues today, as we continue to provide a wide array of innovative and professional quality child welfare, mental health and family services to children, youth and adults of all ages in Union County and surrounding area.

Our Mission:

BUILDING HOPE AND HEALING TRAUMA to strengthen families and communities.