



# GRIEF CAMP

in New York & New Jersey

**\*Free of Charge**

**Comfort Zone Camp** serves children who have experienced the death of a parent, sibling, primary caregiver, or friend. All programs are offered at no cost to families. CZC provides a safe, nurturing environment where kids can have traditional camp fun, while at the same time acquiring tools to help them cope with their loss.

**Since 1999, CZC has helped 21,000+ children.**



## CAMP ACTIVITIES

Activities include games, swimming, arts and crafts, and Healing Circles led by mental health professionals.

## THE IMPACT

Campers leave the camp "bubble" transformed with a community, coping skills and new friends who "get it".



**Learn More**



Nick G. Camper Dad

“ Every time they have attended Comfort Zone Camp, they have come home having gained a new level of healing and with new lifelong friends. ”



## UPCOMING PROGRAMS

### Starting February 5

VIRTUAL SUPPORT GROUPS

- Weekday from 7:00pm-8:15pm EST
- 4 week session
- Ages 10-17
- Separate parent/guardian group

### April 19-21

WEEKEND CAMP IN HARDWICK, NJ

- Sleepover camp
- Ages 7-17
- Separate parent/guardian program

### May 17-19 for Suicide Loss

WEEKEND CAMP IN JOHNSONBURG, NJ

- Sleepover camp
- Ages 7-17
- Young adult program ages 18-25
- Separate parent/guardian program

### May 31-June 2

WEEKEND CAMP IN SANDWICH, MA

- Sleepover camp
- Ages 7-17
- Separate parent/guardian program

### August 2-4

WEEKEND CAMP IN WADING RIVER, NY

- Sleepover camp
- Ages 7-17
- Young adult program ages 18-25

### September 13-15

#### for Overdose Loss

WEEKEND CAMP IN FISHKILL, NY

- Sleepover camp
- Ages 7-17
- Separate parent/guardian program

### September 27-29

WEEKEND CAMP IN PALMER, MA

- Sleepover camp
- Ages 7-17

### October 25-27

WEEKEND CAMP IN HARDWICK, NJ

- Sleepover camp
- Ages 7-17



(804) 377-3430



@comfortzonecamp



www.comfortzonecamp.org