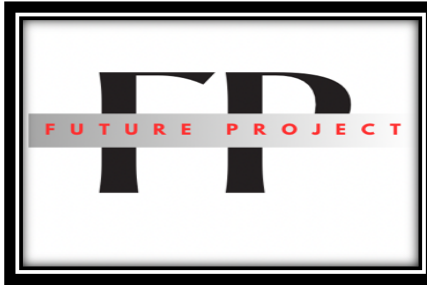

Live YOUR life by Your Design:

Live Your Life by Your Design... Everyone reading this has heard the term IQ. Basically IQ has been labeled by society as those with intelligence will have success. Not true. In fact, there is a far greater barometer, EQ. It is the emotional side, how one reacts emotionally to situations. Through time it has shown to be a far better barometer for success and happiness in one's life! Personal Development, Personal Growth, and understanding your EQ will bring you the empowerment and freedom you seek. You can be complete !!



**YOU MAY REQUEST SERVICES BY
CONTACTING US AT:**

Somerset County Office

672 US Highway 202/206,
Building 3, Suite 106,
Bridgewater, NJ 08807

Phone: 844-687-5397 Fax: 908-393-9959

Email: outpatientdept@futureproject1999.com

Website: Futureproject1999.com

Insurance Accepted:

Medicaid

United Health Care

Horizon Blue Cross Blue Shield

Telehealth & In Person

Services provided!!

OUTPATIENT SERVICES

“Unlocking Your Future Potentials.”



**Understanding What Is Always
Coming But Never Arrives.**

FUTURE PROJECT

FUTURE PROJECT

We believe in the natural abilities of humans, but we are here to help you tackle and go through all your issues in life efficiently and successfully.

As we live, we expect that problems and hindrances are all a part of life. Accepting this life given by our Creator, you should know that life could be really hard at times. And we know what it is like to feel lost. People will be experiencing this kind of instances as they go on with their lives. With this, feeling like giving up is quite normal.

However, it does not necessarily mean that when it is what you feel, you will stand for it. No! It is a big no-no.

Challenges are only a part of life that should never rule. That is why if you feel like giving up, we are here willingly ready to hold your hand and lift you up. Fears, anxiety, depression, uncertainties, health problems, all of these things hold the ability to definitely take you. By allowing us to help you tackle any of these issues, we will guide you in finding the ideal way to a meaningful and fulfilling life.

SERVICES

Individual Counseling

As you accept to live this life, you should already have expected and be ready that hurdles and problems will be thrown in your way as you try to live your life to the fullest. Problems are everywhere and just about probably every individual has them, while some dealing with quite a few. Facing these problems are challenges that you will need to overcome so as to show that you are worth the life given to you. Our individual counseling may help you in a number of ways.

Couples Counseling

Good relationships are the spices of life. Without it, people might be living with complete strangers. However, establishing and maintaining a good relationship is never easy as it may seem. Every relationship comes with their individual issues that both parties involved have to tackle. This is especially true with a married couple, who need to make their relationship stronger and more dependable for the sake of their children.

Play Therapy

In every family children are the first priority. They are the most affected and most troubled when something wrong is

happening in the family. As much as you want to and much effort you exert, it is never easy to build and maintain a healthy and happy family.

ABOUT US

Future Project is comprised of professional counselors who are committed and dedicated to the recovery principles. All the services we provide are confidential and private, so you will never have to worry about your privacy and confidentiality.

We have witnessed people who recovered from relationship and family dispute and are able to live a happy and normal life together.

We know just how the treatment works. At Future Project, we greatly believe that recovery is a systematic process that requires commitment and patience.

Recovery also requires experiencing some personal transformation in behavior, lifestyle and attitude which enables an individual to accept the daily life challenges successfully as well as the attainment of personal goals. We are here just to help guide you along the way. This means that your full recovery and the resolution to your issues will still greatly depend on how dedicated you are for achieving it. But then, you can make sure that we will be on your side till you achieve whatever it is that you want in your life.

