

Teens & Horses

Spring Reins of Life is offering:

An Equine Assisted Therapy Group 2022

Located at Hunt Cap Farm in Three Bridges, NJ

A unique, solution focused in-person therapy group guided by horses to learn positive behavior and life skills.

Designed to help teens learn about relationship skills, communication, respect, responsibility, boundaries, empathy and choices.



**Mondays
6:00-7:30p**

**Nov 7th, 2022
Nov 14th, 2022
Nov 21st, 2022
Nov 28th, 2022
Dec 5th, 2022
Dec 12th, 2022**

Registration due by Nov 3rd, 2022

Group Eligibility:

Age Range: 13-18

Cost: FREE (covers all 6 groups)

Group Size: 10 participants (max)

Criteria for Acceptance: Youth at-risk of experiencing suicidal ideation or substance abuse



**For information or to make a referral contact Erin Reyhan
at 908-528-0979 or erinreyhan@yahoo.com**