



Community
in Crisis

Is a loved one struggling with substance use? It's hard to know what to do or say. How do we hold the rest of the family together or just not fall apart ourselves?



FAMILY CONNECTIONS SUPPORT GROUP

How do I talk to my loved one without fighting?

What's the difference between being supportive and being enabling?

Why don't my ultimatums work? Don't they love us?

What are some treatment options? Where do I even start?

This group is offered to you at no cost and held twice a month. Coffee will be available.



Jane Coyle, LCSW, LCADC, CCS, a resident of Harding Township with extensive experience in family addiction counseling.

Join us as we tackle some difficult questions, explore coping skills and find ways to support one another. We welcome all and hold confidentiality as a top priority

WHEN: Second and fourth Tuesdays of the month, 7:00 - 8:30pm beginning 4/12.

WHERE: Community Hub, 9 Church St, Bernardsville NJ 07924 or via Zoom (info below)



[HTTPS://TINYURL.COM/2P9HDDCR](https://tinyurl.com/2P9HDDCR)
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