

Living Harmoniously with Challenging People



Thursday August 18th @ 11:00am

Refreshments will be provided!!

**Registration is Recommended: Please contact John LaPadula
at : Seniors@allamuchynj.org or Johnlapadula@gmail.com**

Hafner Hall (Allamuchy Fire Dept)

284 Alphano Rd, Allamuchy Township, NJ 07820

Living together with others can be a challenge!

- Come and learn how to create a feeling of harmony for yourself and others; a place where everyone feels a sense of belonging.*
- Come to learn about yourself*
- Come to identify ways you can live with and even care about even the most challenging people.*