

## RICHARD HALL COMMUNITY HEALTH & WELLNESS CENTER

Provides a full range of outpatient services providing care to individuals and their families, promoting their wellness and recovery.

### SERVICES & PROGRAMS

#### MEDICATION CLINIC

Psychiatric evaluations and medication monitoring

#### ACCESS CENTER

Intake and evaluation of new and returning clients

#### ADULT AND CHILD SERVICES

Individual Therapy

Family Therapy

Group Therapy

Creative Arts Therapy

*We serve clients of all ages with  
our multilingual staff!*



#### TRAUMATIC LOSS COALITION FOR YOUTH 908-309-9087

Provides assistance to schools and community following a traumatic loss event or critical incident affecting youth

#### CO-OCCURRING AND RELATIONSHIP EMPOWERMENT (CARE)

A client-driven wellness and recovery program dedicated to empowering individuals who struggle with co-occurring mental health, substance use disorders, and relationship challenges, to make choices in support of self-determination and personal growth.

#### OPTIONS FOR MEN AND WOMEN

A 26 week psycho-educational curriculum for those seeking to end intimate partner violence.

#### REACH FOR RECOVERY (R4R)

A community based recovery support program that assists participants in developing skills to improve whole health, build community and address ambivalence in their recovery journey.

#### ASSISTED OUTPATIENT TREATMENT SERVICE (AOTS)

Staff provide supportive case management to individuals who are remanded to involuntary outpatient treatment, with the goal of remaining in the community.

#### TOUCHSTONE INTENSIVE SUPPORT SERVICES

A goal oriented, structured therapeutic program for adults with persistent mental health problems to attain wellness.

#### PROJECT OUTREACH (PATH)

Assists people with persistent mental health problems who are homeless or at risk of homelessness.

#### EMPLOYMENT WORKS

A supported employment program that assists individuals with persistent mental health problems to integrate into the competitive workforce.

#### GAMBLING SERVICES

Gambling services are offered to address those struggling with gambling and their families who are affected.

#### WELLNESS SERVICES

Wellness Services include Yoga, Tai Chi, Meditation and Mindfulness and are offered in addition to treadmills, stationary bikes, and a rowing machine in our Wellness Room.



## MISSION

Richard Hall Community Health and Wellness Center is an inclusive and affirming behavioral health organization that is recovery oriented and person-centered that provides a safe and nurturing environment to promote an individual's right to self-determination, and a healthy mind and body.

## VISION

To be a leader in integrated health care; to build a community that supports opportunities to grow and promotes recovery toward the highest quality of life for those we serve.

## VALUES

Our focus is on care and service to individuals through:

Safety

Trustworthiness and Transparency

Peer Support and Mutual Self-Help

Collaboration and Mutuality

Empowerment, Voice and Choice

Culture, History and Gender



There is no health without mental health.  
#breakthestigma #SCNJstigmafree

## EIGHT DIMENSIONS OF WELLNESS

Emotional · Financial · Social · Spiritual  
Occupational/Vocational · Physical  
Mental/Intellectual · Environmental



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Somerset County  
Board of County Commissioners

SOMERSET COUNTY  
DEPARTMENT OF HUMAN SERVICES

## RICHARD HALL COMMUNITY HEALTH & WELLNESS CENTER



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