

## ADOLESCENT RESIDENTIAL TREATMENT PROGRAM

This residential house at The Center for Great Expectations provides mental health treatment to pregnant or parenting women between the ages of 13 and 20 – and their children. Even at this young age, many in this program have already experienced extensive childhood trauma, including physical or sexual violence, human trafficking, homelessness and poverty.

Contracted by the New Jersey Department of Children and Families, Children’s System of Care, our 12-bed Adolescent Residential Treatment Center delivers a trauma-informed approach that creates a healthy and therapeutic environment. We are the only facility in New Jersey that offers these services to this group of women.

### THERAPEUTIC SERVICES PROVIDED BY LICENSED CLINICIANS:

- Individual, family, and group psychotherapy
- Individual, dyadic, and group early relational health therapy
- Individual and group art therapy
- Individual psychopharmacological therapy

### PROGRAM SERVICES:

- Individual and group life skills
- Recreational activities
- Family engagement events
- Educational and legal advocacy
- Intensive case management, including the Board of Social Services, Medicaid, Social Security Administration, housing, employment, the Division of Child Protection & Permanency (DCP&P), Care Management Organizations (CMOs), and the legal system, as well as individual and group psychoeducation in:
  - Healthy relationships
  - Conflict resolution
  - Substance use prevention
  - Mental and emotional health
  - Safety and awareness in the community
  - Money management and budgeting
  - Nutrition and dietary needs
  - Sex education
  - Physical exercise



### WE ALSO HAVE:



Fully Licensed Child Development Center

On-Site Registered Nurse

Transportation to/from Medical and Educational Appointments

24/7 Direct Care Support