



PERFORMCARE NJ

<https://www.performcarenj.org>

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ANDREW A MCGOVERN

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ANDREW A MCGOVERN

Andrew A. McGovern has been a licensed therapist in New Jersey since 2010 and has practiced as an Intensive-In Community provider since 2016. Andrew's dynamic professional background encompasses work across multiple levels of care, a multitude of presenting issues, and expertise in addressing the challenges impacting youth and family.

Advocating for balance, wellness, Andrew's straight-forward and relatable approach to therapy creates a safe, supportive, and judgement free environment, allowing space for clients to discover their strengths and potential.

TREATMENT APPROACHES

COGNITIVE BEHAVIORAL THERAPY

RATIONAL EMOTIVE BEHAVIORAL THERAPY

SOLUTION FOCUSED THERAPY

PSYCHOANALYSIS

FAMILY SYSTEMS

McGovern Behavioral Healthcare is a community based mental health provider based in Northern NJ. We offer a highly effective and individually specialized mental health services for children, adolescents, young adults and their families through PerformCare and Children's System of Care.

SERVICES

INTENSIVE IN-COMMUNITY SERVICES

BIOPSYCHOSOCIAL ASSESSMENTS

OUTPATIENT OUT OF NETWORK THERAPY

AREAS OF SPECIALIZATION

TRAUMA
DEPRESSION
ANXIETY
BIPOLAR
ANGER
GRIEF
OPPOSITIONAL BEHAVIOR
CONDUCT DISORDER
ADHD

SELF ESTEEM
COMMUNICATION SKILLS
MALE-CENTERED ISSUES
SCHOOL CHALLENGES
SCHOOL REFUSAL
BULLYING
SELF-ESTEEM
ABUSE/NEGLECT
FAMILY CHALLENGES
PARENT CHILD RELATIONSHIP