

Mental Health Services for Children and Adults in Crisis



Robert Wood Johnson University Hospital Somerset offers two new programs to help children and adults who are experiencing a psychiatric emergency: Psychiatric Emergency Screening Services (PESS) and the Hope Hub. These services are available to individuals who are experiencing:

- Emotional distress or a mental health crisis
- Worsening anxiety, depression or other behavioral concerns
- Thoughts of self-harm or harm to others
- Difficulty coping due to stressors, trauma or loss
- Urgent psychiatric concerns that require immediate evaluation and support

No referral is needed. Care is provided regardless of ability to pay. *Language interpretation services are available.*

Psychiatric Emergency Screening Services (PESS)

Services for children and adults:

- Crisis Intervention
- Stabilization
- Treatment
- Clinical-led mobile outreach to those in Somerset County experiencing acute psychiatric distress 24/7

Robert Wood Johnson University Hospital Somerset

Emergency Department
110 Rehill Avenue, Somerville, NJ 08876

24/7 Crisis Hotline: 908-526-4100

The Hope Hub

The Hope Hub offers individuals and families a calm, welcoming space where they can receive confidential support during a behavioral health crisis which does not require care in the Emergency Department. Located in a separate building on the hospital's campus, it is designed to look like a living room rather than a hospital setting. Our goal is to meet individuals and families where they are, reducing fear and helping them move forward with clarity, support and a pathway to recovery. We will provide connections to community resources for ongoing support.

Hours: Monday-Friday, 10 a.m. - 6:30 p.m. | **Phone:** 908-526-4100

After hours: Call 988 Suicide and Crisis Lifeline. Individuals may access crisis services through RWJUH Somerset's Emergency Department or by calling the 24/7 Crisis hotline at 908-526-4100.

Walk-ins welcome. Appointments available if desired.



Our Comprehensive Behavioral Health Services

Robert Wood Johnson University Hospital Somerset's comprehensive Behavioral Health Services include:

- Psychiatric Emergency Screening Services (PESS), including 24/7 mobile community outreach
- Hope Hub Living Room Model
- Emergency Department Crisis Center
- Inpatient Adult Psychiatric Treatment
- Inpatient Adult and Adolescent Eating Disorders Treatment (one of only two in New Jersey)
- Outpatient Adult Intensive Outpatient, Partial Hospitalization and Outpatient Program
- Outpatient Adult and Adolescent Eating Disorders Intensive Outpatient and Partial Hospitalization Program

Patients also have access to a full range of Behavioral Health Services throughout RWJBarnabas Health, including specialized inpatient psychiatric care for children and for individuals with developmental delays.

RWJBarnabas Health Behavioral Health, together with Rutgers Health University Behavioral Health Care (UBHC), is a leading provider of integrated mental health and substance use treatment services, serving over half a million individuals each year. With both hospital and community-based care programs, we offer the broadest range of services in New Jersey, offering all levels of care for children and adults.

For more information about our Behavioral Health Services, visit rwjbh.org/behavioralhealth or call the RWJBarnabas Health Access Center at **1-800-300-0628**.



Robert Wood Johnson
University Hospital
Somerset



RUTGERS HEALTH
University Behavioral Health Care