



Eating disorder treatment that works

— delivered at home



Insurance accepted

No waitlist
•
Treating patients ages 6-24

“I couldn’t be happier with the education our family received to fight this eating disorder.”

— Mother of 11-year-old girl with anorexia

How it works

Family-Based Treatment

The leading evidence-based treatment for eating disorders*

5-person care team

Therapist, dietitian, medical provider, peer mentor, and family mentor

Conveniently virtual by design

Empowers families to continue everyday activities and be invested in life

Diverse provider teams

Individuals in the LGBTQ+, BIPOC, bilingual, and disability communities

Treatment for everyone

Regardless of treatment history, acuity level, diagnoses, & more

*Backed by AAP, SAHM, and AACAP

What Equip patients can expect

Average of 4-6 hours in treatment per week*

Flexibility to extend sessions or treatment

Support groups and skill classes

Care collaboration with local PCP

*Depending on clinical need

Equip patients are getting better*

11b

average weekly weight gain for those who need it

8 out of 10

patients report a decrease in eating disorder behaviors

75%

of families feel more confident in caring for their child

73%

of patients report improvements with depression or anxiety

*Data reflects first 8 weeks of treatment

Concerned about a patient?

Scan the QR code or visit equip.health/providers for a free screening & case consultation



refer@equip.health

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