



Transforming Minds
Healing Hearts

Cognicare Psychological Services is comprised of a team of caring, knowledgeable and experienced therapists with an array of specializations. We treat children, adolescents, and adults who are experiencing mental health strains and/or those working to gain a deeper self-understanding through Cognitive Behavioral Therapy. We also provide both couples and family therapy. We will support you in developing the sense of peace that you deserve.

Services Offered

- Individual Therapy
- Couples Counseling
- Unconventional Relationship Counseling
- LGBTQIA + Individual Therapy
- Minority Stress
- Behavioral Cognitive Therapy

Rates

We have set flat rates for our therapy sessions.

- **Intake Appointment** (1st appt with your clinician): \$230
- **Follow Up Appointments:** \$180

We accept all major credit cards as forms of payment. Unfortunately, we are currently not accepting checks or cash for services rendered.

Insurance

We accept most commercial insurance plans and are considered in-network with:

- Untied Healthcare
- Blue Cross Blue Shield
- Aetna
- Cigna
- Medicare

We encourage you to call in and inquire to see if our services are covered under your insurance plan, which then only require you to pay your co-pay or into your deductible depending on your specific plan and benefits.

If we are NOT in-network with your plan or you do not have health insurance coverage, we offer sliding scale rates to folks in order to ensure accessibility

971 Route 202 Suite 3, Branchburg, NJ 08876

P: 908-800-9590

E: info@cognicarepsych.com

cognicarepsych.com

