



Transitioning to new levels of independence...



Hunterdon County Educational Services Commission

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The Hunterdon County ESC Presents:

THRIVE

A DAY HABILITATION PROGRAM



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We welcome
individuals age 21
and over with
differing abilities
and from all
counties in NJ.





*Come learn
skills to
foster an
independent
lifestyle and
build self
confidence!*



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Community Integration:

- Restaurants
- Local Theatres
- Senior Centers
- Shopping & More

Lifelong Learning:

- Current Events
- Consumer Reading
- Book Club
- Consumer Math
- Time & Schedules

Campus Activities:

- Fishing
- Hiking
- Animal Husbandry
- Gardening
- Apple Picking
- Cider Making



Health & Wellness

- Yoga
- Music Therapy
- Mindfulness
- Therapeutic Riding
- Reiki

Independent Lifestyle:

- Nutrition
- Cooking
- Housekeeping
- Laundry
- Sewing
- Recreational Choices