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# What's new at Harvest Family Success Center in **MAY**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
		1	2	3	4
Positive Parenting 4-6 Workplace Readiness 11:30-1	Frenchtown Super Seniors 11:30-2:30 ESL- 6-9 	Together Yoga 10-11 Recovery Center 	Life Skills 1-2 Teen Coffee House 2-4 Homework Club 3-5 Girl Scouts 4-5:30 Thurs. Supper Club @5 WOWSA 5:30-7:30 PAB 6-7pm SHEP	Beautiful Puzzles 10-11 	SHEP Recovery Center
6	7	8	9	10	11
Positive Parenting 4-6 Workplace Readiness 11:30-1:30 <b>WORKPLACE READINESS PROGRAM</b>	Frenchtown Super Seniors 11:30-2:30 ESL 6-9 	Recovery Center Mamas Sin Miedos 10-12 Ask the Attorney- by apt. Together Yoga 10-11 	Life Skills 1-2 Teen Coffee House 2-4 Homework Club 3-5 Thurs. Supper Club @5 WOWSA 5:30-7:30 SHEP	 	Recovery Center SHEP
13	14	15	16	17	18
Positive Parenting 4-6 Workplace Readiness 11:30-1:30 	Frenchtown Seniors 11:30-2:30 Kiwanis 12-1 ESL-6-9 	Recovery Center Together Yoga 10-11 	Life Skills 1-2 Teen Coffee House 2-4 Homework Club 3-5 Girl Scouts 4-5:30 Thurs. Supper Club@ 5 WOWSA 5:30-7:30 Girls Night In 5-7 SHEP	Beautiful Puzzles 10-11  	Recovery Center SHEP
20	21	22	23	24	25
Workplace Readiness 11:30-1 	Frenchtown Super Seniors 11:30-2:30  ESL 6-9	<b>Community Baby Shower 10-1</b>  STEM- Robotics 3:30-6	Life Skills 1-2 Teen Coffee House 2-4 Homework Club 3-5 Thurs. Supper Club@5 WOWSA 5:30-7:30 SHEP Kiwanis 6-7:30		Recovery Center SHEP
27	28	29	30	31	1
	Frenchtown Super Seniors 11:30-2:30  ESL-6-9	Recovery Center Together Yoga 10-11 STEM- Robotics 3:30-6	Life Skills 1-2 Teen Coffee House 2-4 Homework Club 3-5 Thurs. Supper Club@5 WOWSA 5:30-7:30 SHEP Scouts 4-5:30	Arts, Crafts & Mindful Parenting 10-11 Movie Night 6-8pm 	Recovery Center SHEP

**Want to volunteer? Want to teach a class? Speak to Penni, she'll get you up and running!**

**Need to work on something personal? Meet one-on-one with a partner.**

**Just schedule an appointment with: Carmel, Penni, or Claudia @908-237-0465**

# Harvest Family Success Center: Activity Descriptions

- Arts, Crafts & Mindfulness** – Art as relaxation for adults. Learn art projects such as beading, coloring and stamping by using different mediums. Prior artistic experience not necessary. R, SC, CS,
- Beautiful Puzzles** – Spanish support group for parents with children with autism and Asperger. Positive parenting skills. R, SC, CS, P&CD, S&EC
- ESL**- English as a second language classes for beginners and advanced students. R, SC,
- Frenchtown Programming**- Stop in and discuss your needs with a Harvest Family Partner and find out what services are available to help. Held at the Frenchtown Presbyterian Church on 4<sup>th</sup> Street. SC, CS, P&CD
- Girls Night In**- Girl empowerment group for girls from 1<sup>st</sup> through 7<sup>th</sup> grade. R, SC, P&CD, S&EC
- Girl Scouts**- Junior and Senior Troop meetings for girls from 5<sup>th</sup> grade through High School. SC, P&CD, S&EC
- HIOC**- Hunterdon County Interfaith Outreach Council meeting. SC, CS
- Homework Club**- Students from 1<sup>st</sup>-8<sup>th</sup> grade is welcome to join us and have High School students assist them with homework, projects and test prep. R, SC, P&CD, S&EC
- Kiwanis**- Meeting of members looking for ways to deal with the needs of local children. SC, P&CD, S&EC
- Life Skills**- Unifying Families program teaching assorted skills for managing your life today. R, SC
- Mamas Sin Miedos**- Spanish support group for moms with kids of all ages. PPD, healthy eating, positive parenting skills and more! R, SC, P&CD, S&EC
- Movie Night**- Special Needs Social Program for young adults, run through a collaboration of Harvest and Hunterdon Central High School Workplace Readiness Program. R, SC
- PAB**- Parent Advisory Board- Members join together to discuss the FSC, our events, needs and direction. SC
- Positive Parenting**- A six session program targeting improving parenting skills for parents of kids 8-14. R, SC, P&CD
- Recovery Center**- offering numerous programs in our safe, alcohol, drug and smoke free center. Come for a program or just come in to hang out and chat. R, SC, CS
- SHEP**- Parenting classes, by appointment. R, P&CD, S&EC
- STEM Robotics Club**- North Hunterdon Rotary-for children grades 4-7 build a robot while having while learning about science, technology, engineering and mathematics. SC, P&CD, S&EC
- Super Seniors of Frenchtown!**- Offered in Frenchtown, NIA class and guest speaker or craft, R, SC
- Teen Coffee House**- drop in for a snack, coffee and do homework or socialize with other local teens. SC, S&EC
- Thursday Night Supper Club**- Free complete hot meals available for pick up for families in need. R, CS,
- Together Yoga**- Held at Independence Manor, this yoga class is for everyone, seniors, toddlers, moms and EVERYBODY, can do this in a chair, mindfulness and stress reduction techniques. R, SC, P&CD
- Tutoring/Mentoring**- One-on-One tutoring for kids who have a hard time with a group setting, or just need a more intense program with one teacher. R,SC,CS, S&EC
- Workplace Readiness**- Super Seniors from Hunterdon Central may join in the fun of skill building tasks aimed at increasing marketable skills. R, SC, P&CD, S&EC
- WOWSA**- Women Offering Women Support...Always! Our women's support group offers dinner and instructors for crochet and knitting. R, SC, CS

Key Code using our 5 core values: R=Resilience, SC=Social Connections, CS= Concrete Support in times of need, P&CD= Parenting and Child Development, S&EC= Social & Emotional Competence of Children

