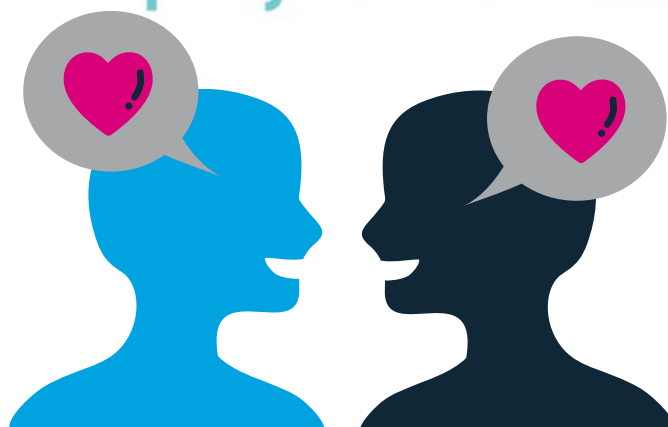


Join us **virtually** on
Monday, August
7th 12:00-2:00 PM



Learn about the
healing power
relationship has on
children, adults, and
the community

Register:

[https://forms.gle/Qe3KBJV](https://forms.gle/Qe3KBJVAxaAfCzpe6)

[AxaAfCzpe6](https://forms.gle/Qe3KBJVAxaAfCzpe6)

OR

bobm@Norwescap.org

Register by: August 4th, 2023





FREE LEAD SCREENING

**August
9th 11am-
2pm**

For Children ages 1-6

Results within Minutes

Address

Public Health Nursing
6 Gauntt Place
Building # 2, Basement Level
Flemington, NJ 08822

Contact Us

908-806-4570 for an
appointment or more
information

**Hunterdon County, NJ - Health
Department**



Public Health
Prevent. Promote. Protect.
Hunterdon County

Parenting Classes

**Discuss Parenting Goals—Address Behavior Problems—
Promote Healthy Child Development**



FREE Classes at
Project Self-Sufficiency

Wednesdays, 6:00 p.m.

**August 2, 9, 16, 23, 30,
September 6, 13, 20**



Effective, evidence-based parenting programs backed up by more than 35 years of ongoing research.

For Every Parent!

**Call 973-940-3500
to Register!**



Project Self-Sufficiency is located at 127 Mill Street in Newton, across from Sussex County Community College.



*Can't make it to our Newton campus?
Check out the FREE parenting classes, discussion groups, and support groups available online or at a site near you by calling 973-940-3500!*



A program of **Project Sussex Kids** and
the **Journey Family Success Center**.



Project Self-Sufficiency, 127 Mill Street, Newton, NJ, 07860—973-940-3500—www.projectselfsufficiency.org



COMMUNITY CONVERSATION

UNDERSTANDING MENTAL HEALTH TOGETHER

IT'S NOT ABOUT ME, IT'S NOT ABOUT YOU. IT'S ABOUT US.

Let's come together as a community to learn and talk about the normal ups and downs of life, from wellbeing to mental health to trauma. Learn how to recognize and help a friend or neighbor who is struggling and learn tools and resources for when life gets hard.

Hear one community member's personal journey through mental health challenges to healing, growth, and wellbeing.

Learn about how trauma affects our brain and body. From small life events, to big catastrophes, to community trauma like COVID-19.

Bring more mindfulness into our lives. Explore and experience useful tools for calming big feelings, in kids, teens, and adults.

This event is sponsored by Steps Together and features Cameron Stout of Stout Heart, Mary Kindig & Melissa Garaffa of Safe Therapy, Inc.

AUGUST 9th,
2023

7 TO 9 PM

THE LANDING
311 AMWELL RD
HILLSBOROUGH



RSVP @ [STEPS-TOGETHER.ORG/CONVERSATION](https://steps-together.org/conversation)



Washington Township Police Department
Proudly Presents



POLICE • COMMUNITY PARTNERSHIPS

August 1st 2023 6:00P.M. – 9:00 P.M.
at Meadow Breeze Park

This is a perfect opportunity to meet your **local first responders** and have
some **fun at this free** family event.



Live Music by **DJ Dave Rupell**

Line Dancing

Mechanical Bull Riding

Live demonstration by the Washington Twp. Police K-9 Unit

Police, Fire & EMS Equipment

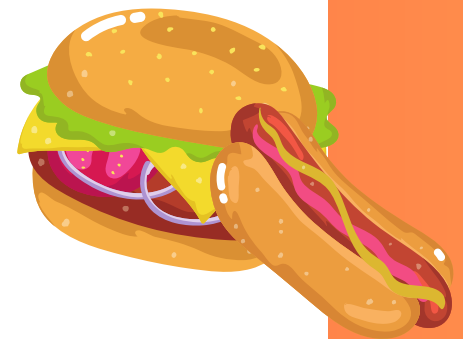
Free food and drinks

Grilled hamburgers and hotdogs

Water balloon launchers

Gifts and handouts

Much, much more.....



There will be no rain-date scheduled



TAYLOR RENTAL

Taylor Rental of
Washington, NJ

