



## Family Support Organization

HUNTERDON • SOMERSET • WARREN

*Below is a list of our upcoming **FREE** Workshops for **March***

### **Taking Care of Yourself When Your Child Has Autism**

***Tuesday March 5th | 6:00pm - 8:00pm***

Pioneer Family Success Center | 50 Division Street | Suite 303 | Somerville, NJ

Come to this open forum to discuss how you handle stressful situations. A wide range of practical strategies for coping with stress will be discussed. Participants will be encouraged to share experiences about how they maintain energy, enthusiasm, humor, and a positive outlook on life. The entire family benefits when parents can manage the challenges and enjoy the good times. This discussion will enhance your mind, body, and spirit.

To RSVP: [aruiz@fso-hsw.org](mailto:aruiz@fso-hsw.org)

### **How to Approach an IEP Meeting to Get the Services Your Child Needs**

***Thursday March 14th | 6:00pm - 8:00pm***

Pioneer Family Success Center | 50 Division Street | Suite 303 | Somerville, NJ

This workshop will focus on documenting the services and supports a student is entitled to, along with the proper drafting of goals and objectives. Common pitfalls to be avoided and collaborative advocacy tips will also be discussed. Attendees should walk away feeling prepared to advocate for their child and secure an ironclad IEP. This 90-minute presentation includes a Q&A at the end.

To RSVP: [aruiz@fso-hsw.org](mailto:aruiz@fso-hsw.org)

### **Warren County Health Forum**

***Thursday March 28th | 6:00pm - 8:30pm***

Hackettstown Medical Center | Center for Healthy Living | 108 Bilby Road | Hackettstown, NJ

This workshop includes presentations from the Nurtured Hearth Approach, Impact of Addiction on Families, Understanding and Improving Challenging Behaviors, and Helping Anxious Kids.

To RSVP: [aruiz@fso-hsw.org](mailto:aruiz@fso-hsw.org)



**Youth Partnership: For more information, to enroll a youth or to arrange transportation, please contact 908-223-1191 ext. 12**

The mission of **Youth Partnership** is to provide social, recreational, empowerment, leadership and community service opportunities in a diverse and supportive environment for our youth. FSO's Youth Partnership is for youth 13 - 21 years of age with emotional, behavioral or mental health challenges.

**Youth Partnership - Somerset County**

***Friday March 1st | 6:00pm to 8:00pm***

Pioneer Family Success Center | 50 Division Street | Suite 303 | Somerville, NJ

**Youth Partnership - Warren County Movie Night**

***Thursday March 14th | 6:00pm to 8:30pm***

Family Support Organization | 315 W. Washington Avenue | Community Center | Washington, NJ

**Youth Partnership - Hunterdon County**

***Friday March 15th | 6:00pm to 8:00pm***

Hunterdon Medical Center | 2100 Wescott Dr. | Main Entrance Conference Room A/B | Flemington, NJ

**Youth Partnership - Warren County**

***Friday March 22nd | 6:00pm to 8:00pm***

Family Support Organization | 315 W. Washington Avenue | Community Center | Washington, NJ



**Support Groups: Questions regarding Support Groups please contact:  
908-223-1191 ext. 16**

**Spanish Speaking Support Group**

***Friday March 1st | 10am - 11:30pm***

Harvest Family Success Center | 87 Park Avenue | Flemington, NJ

**Proactive Parenting Support Group - Believe in the Therapeutic Value of One Family Helping Another!**

***Friday March 1st | 6:00pm to 8:00pm***

Pioneer Family Success Center | 50 Division Street | Suite 303 | Somerville, NJ

**Hunterdon County Support Group**

**Friday March 15th** | 6:00pm to 8:00pm

Hunterdon Medical Center | 2100 Wescott Dr. | Main Entrance Conference Room  
A/B | Flemington, NJ

**Warren County Support Group**

**Friday March 22nd** | 6:00pm to 8:00pm

Family Support Organization | 315 W. Washington Avenue | Community Center | Washington,  
NJ

**Somerset County DaytimeSupport Group**

**Friday Tuesday 26th** | 9:30am to 11:00am

Pioneer Family Success Center | 50 Division Street | Suite 303 | Somerville, NJ

**Somerset County Spanish SpeakingSupport Group**

**Friday Tuesday 26th** | 5:00pm to 7:00pm

Pioneer Family Success Center | 50 Division Street | Suite 303 | Somerville, NJ

*All workshops and support groups are FREE and open to the Public! Workshops are subject to change and cancellation. Seating is limited and registration is recommended. Individuals who have preregistered will be notified of changes/cancellations. Please call the Family Support office at 908.223.1191 to confirm the date, time and location of the workshop if you wish to attend but have not preregistered.*

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# MARCH 2019

SUN	MON	TUE	WED	THU	FRI	SAT
					1 Spanish Speaking SG 10:00am - 11:30am Proactive Parenting 6:00pm - 8:00pm Somerset Cty. YP 6:00pm - 8:00pm	2
3	4	5 Taking Care of Yourself When Your Child Has Autism 6:00pm - 8:00pm	6	7	8	9
10	11	12	13	14 How to Approach an IEP Meeting to Get the Services Your Child Needs 6:00pm - 8:00pm Warren County MN 6:00pm - 8:30pm	15 Spanish Speaking SG 10:00am - 11:30am Hunterdon County SG 6:00pm - 8:00pm Hunterdon County YP 6:00pm - 8:00pm	16
17 	18	19	20	21	22 Warren County SG 6:00pm - 8:00pm Warren County YP 6:00pm - 8:00pm	23
24	25	26 Somerset County Daytime SG 9:30am - 11:00am Spanish Speaking SG 5:00pm - 7:00pm	27	28 Warren County Health Forum 6:00pm - 8:30pm		

All workshops and support group programs are FREE and open to the public. Workshops are subject to change and cancellation. Seating is limited and registration is recommended. Individuals who are preregistered will be notified of changes/cancellations. Please call the Family Support Office at 908.223.1191 to confirm the date, time, and location of the workshop if you wish to attend, but have not preregistered.

Family Support Organization, Warren, Hinkle, Fingles, Prior & Fischer, P.C., and Pioneer Family Success Center Present:

## HOW TO APPROACH AN IEP MEETING TO GET THE SERVICES YOUR CHILD NEEDS

### Participants In This Workshop Will Learn:

Appropriate special education rests on the foundation of a properly drafted Individualized Education Program (IEP). Unfortunately, not enough attention is paid to the development of IEPs, and as a result services are often delivered in an inconsistent and haphazard manner. This workshop will focus on documenting the services and supports a student is entitled to, along with the proper drafting of goals and objectives. Common pitfalls to be avoided and collaborative advocacy tips will also be discussed. Attendees should walk away feeling prepared to advocate for their child and secure an ironclad IEP. This 90-minute presentation includes a Q&A at the end.



Thursday  
March 14, 2019  
6pm - 8pm



Pioneer Family Success Center  
50 Division Street  
Suite 303  
Somerville, NJ

Questions: 908.223.1191  
To RSVP: aruiz@fso-hsw.org

Atlantic Health System's Hackettstown Medical Center & Family Support Organization of Hunterdon, Somerset, & Warren Presents:

## WARREN COUNTY FAMILY HEALTH FORUM

Addressing the Special Needs of Families in our Community

THURSDAY MARCH 28TH  
6:00PM - 8:30PM

### PRESENTATION INCLUDES:

Nurtured Heart Approach  
Sherry Blair, Sherry Blair Institute

Impact of Addiction on Families  
Michael Calderon, NJ Substance Use Navigators

Behavior In The Classroom  
Kathleen Elizabeth Llano, M.A., BCBA

Helping Anxious Kids  
Mariana Martinez, MA, LPC, NCC

Spanish translation is available.

Hackettstown Medical Center  
Center for Healthier Living  
108 Bilby Road  
Hackettstown, NJ 07840

The program is FREE:  
Registration is required  
via 908-223-1101 ext.12  
or aruiz@fso-hsw.org



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Family Support Organization | 908.223.1191 | [info@fso-hsw.org](mailto:info@fso-hsw.org) | [www.fso-hsw.org](http://www.fso-hsw.org)