



*Below is a list of our upcoming **FREE** Workshops for April*

What Does It Mean to Be A Trusted Adult?

Tuesday April 16th | 6:30pm

Warren County Library - Southwest Branch | 404 Route 519 | Phillipsburg, NJ

Come to this open forum to discuss how you handle stressful situations. A wide range of practical strategies for coping with stress will be discussed. Participants will be encouraged to share experiences about how they maintain energy, enthusiasm, humor, and a positive outlook on life. The entire family benefits when parents can manage the challenges and enjoy the good times. This discussion will enhance your mind, body, & spirit.

RSVP is preferred: pgriffin@fso-hsw.org or 908-223-1191 Ext. 16

SPAN: Look to the Future | Transition from School to Adult Life

Wednesday April 24th | 6:00pm - 7:30pm

Hunterdon Library - North Branch | 65 Halstead Street | Clinton, NJ

Transition planning is crucial to increasing successful outcomes for life after high school. This workshop will discuss the issues related to transitioning from school to adult life.

To RSVP: http://bit.ly/FSO_April24th

Warren County Stigma Free Community Event

Saturday April 27th | 10:00am - 4:00pm

Washington Borough Arts & Streets Festival



Youth Partnership: For more information, to enroll a youth or to arrange transportation, please contact 908-223-1191 ext. 12

The mission of **Youth Partnership** is to provide social, recreational, empowerment, leadership and community service opportunities in a diverse and supportive environment for our youth. FSO's Youth Partnership is for youth 13 - 21 years of age with emotional, behavioral or mental health challenges.

Somerset County - Youth Partnership

Friday April 5th | 6:00pm - 8:00pm

Pioneer Family Success Center | 50 Division Street | Suite 303 | Somerville, NJ

Warren County Movie Night - Youth Partnership

Thursday April 11th | 6:00pm - 8:30pm

Family Support Organization | 315 W. Washington Avenue | Community Center | Washington, NJ

Hunterdon County - Youth Partnership **CANCELLED DUE TO GOOD FRIDAY****

Friday April 19th | 6:00pm - 8:00pm

Hunterdon Medical Center | 2100 Wescott Dr. | Main Entrance Conference Room A/B | Flemington, NJ

Warren County - Youth Partnership

Friday April 26th | 6:00pm - 8:00pm

Family Support Organization | 315 W. Washington Avenue | Community Center | Washington, NJ



**Support Groups: Questions regarding Support Groups please contact:
908-223-1191 ext. 16**

Hunterdon County Spanish Speaking Support Group

Friday April 5th | 10:00am - 11:30pm

Harvest Family Success Center | 87 Park Avenue | Flemington, NJ

Somerset County Support Group - Kick Off Featuring Nurtured Heart

Friday April 5th | 6:00pm - 8:00pm

Pioneer Family Success Center | 50 Division Street | Suite 303 | Somerville, NJ

Hunterdon County Spanish Speaking Support Group

Tuesday April 10th | 10:00am - 11:30am

Salvation Army | 40 East Main Street | Flemington, NJ

Hunterdon County Support Group **CANCELLED DUE TO GOOD FRIDAY****

Friday April 19th | 6:00pm - 8:00pm

Hunterdon Medical Center | 2100 Wescott Dr. | Main Entrance Conference Room

A/B | Flemington, NJ

Somerset County Daytime Support Group

Tuesday April 23rd | 9:30am - 11:00am

Pioneer Family Success Center | 50 Division Street | Suite 303 | Somerville, NJ

Somerset County Spanish Speaking Support Group

Tuesday April 23rd | 5:00pm - 7:00pm

Pioneer Family Success Center | 50 Division Street | Suite 303 | Somerville, NJ

Warren County Spanish Speaking Support Group

Wednesday April 24th | 10:00am - 12:00pm

Hackettstown Free Public Library | 110 Church Street | Hackettstown, NJ

Warren County Support Group - *Kick Off Featuring Nurtured Heart*

Friday April 26th | 6:00pm - 8:00pm

Family Support Organization | 315 W. Washington Avenue | Community Center |

Washington, NJ

All workshops and support groups are FREE and open to the Public! Workshops are subject to change and cancellation. Seating is limited and registration is recommended. Individuals who have preregistered will be notified of changes/cancellations. Please call the Family Support office at 908.223.1191 to confirm the date, time and location of the workshop if you wish to attend but have not preregistered.

APRIL 2019

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5 Spanish Speaking SG 10:00am - 11:30am Proactive Parenting 6:00pm - 8:00pm Somerset Cty. YP 6:00pm - 8:00pm	6
7	8	9	10 Spanish Speaking SG 10:00am - 11:30am	11 Warren County Movie Night 6:00pm - 8:30pm	12	13
14	15	16 What Does It Mean to be a Trusted Adult? 6:30pm	17	18	19	20
21	22	23 Somerset County Daytime SG 9:30am - 11:00am Spanish Speaking SG 5:00pm - 7:00pm	24 Spanish Speaking SG 10:00am - Noon SPAN - Transition from School to Adult Life 6:00pm - 7:30pm	25	26 Warren County SG 6:00pm - 8:00pm Warren County YP 6:00pm - 8:00pm	27 Warren County Stigma Free Community Event 10:00am - 4:00pm
28	29	30	31			

All workshops and support group programs are FREE and open to the public. Workshops are subject to change and cancellation. Seating is limited and registration is recommended. Individuals who are preregistered will be notified of changes/cancellations. Please call the Family Support Office at 908.223.1191 to confirm the date, time, and location of the workshop if you wish to attend, but have not preregistered.

What does it mean to be a
**TRUSTED
ADULT?**

 **Family Support Organization**
HUNTERDON • SOMERSET • WARREN



Tuesday, April 16th, 2019
6:30 PM

Warren County Library
Southwest Branch
404 Route 519 Phillipsburg, NJ 08865

Hosted by SPTS and the FSO of Hunterdon, Somerset and Warren Counties
Event promotion assisted by The United Way of Northern New Jersey

**This presentation focuses on how to be a "trusted adult"
for the youth in your life.**

- Examine personal feelings & attitudes about suicide
- Review the definition of the crisis of suicide
- Review the warning signs and risk factors
- Know how to foster protective factors
- Identify what it means to be a trusted adult



The presentation is made possible by grant funding provided by The Provident Bank Foundation

The Society for the Prevention of Teen Suicide is a non-profit community organization dedicated to increasing awareness and reducing the stigma of suicide through specialized training programs and outreach resources that empower teens, parents and educational leaders with the emotional guidance and skills needed to help those at risk of suicide and build a life of resiliency.

FAMILY SUPPORT ORGANIZATION OF HUNTERDON,
SOMERSET, AND WARREN COUNTIES PRESENTS:



**2019 PARENT SUPPORT GROUP
KICK-OFF MEETINGS!**

FEATURED PRESENTATIONS ON:

THE NURTURED HEART APPROACH

Community Resources & Peer to Peer Support For All Parents of Youth with
Emotional, Developmental, Behavioral, Intellectual and Substance Use Challenges

JOIN US AT ONE OF THESE THREE LOCATIONS!

FRIDAY APRIL 5, 2019
6:00PM - 8:00PM

PIONEER FAMILY SUCCESS CENTER
CONFERENCE ROOM 4
50 DIVISION STREET | SUITE 505
SOMERVILLE, NJ 08876

FRIDAY APRIL 26, 2019
6:00PM - 8:00PM

FAMILY SUPPORT ORGANIZATION
1ST FLOOR CONFERENCE ROOM
315 W. WASHINGTON AVE.
WASHINGTON, NJ 07882

FRIDAY MAY 17, 2019
6:00PM - 8:00PM

HUNTERDON MEDICAL CENTER
MAIN ENTRANCE
CONFERENCE ROOM A & B
2100 WESCOTT DRIVE
FLEMINGTON, NJ 08822

Seating is limited!

Please RSVP: pggriffinefso-hsw.org or call 908-223-1191 ext. 16 for more information.

Light Refreshments will be served.

**FSO-HSW
PROUD TO BE
STIGMA FREE**

Family Support Organization | 908.223.1191 | info@fso-hsw.org | www.fso-hsw.org

STAY CONNECTED:



