

Where do I begin?

- 1 in 4 people live with a diagnosable mental health condition or substance use disorder.
- Substance use disorder affects all kinds of people, regardless of age, gender, race, religion, sexuality, income bracket, or life experience.
- Less than half seek help due to:
 - Stigma
 - Lack of knowledge
 - Cost
 - Availability
- Use this guide as a starting point for your own research and reference.
- Resources in this guide include:
 - Addiction & Crisis Hotlines
 - Community Providers
 - Support Groups
 - Education and Training
- Review these services and contact your insurance company to determine your benefits, deductible, and copay.
 - ▶ The **Department of Human Services** is here to help you or your loved one navigate an often complex system.
 - ▶ For more information, please contact Addiction Services Director, Lisa Federico, MA, LPC, LCADC at **(908) 704-6300**. For eligible residents who need help paying for treatment, this may be available.

Where can I learn more?

Contact the **Somerset County Department of Human Services** for more information, referral to services, and navigation.

Lisa Federico, MA, LPC, LCADC
Addiction Services Director
lfederico@co.somerset.nj.us

(908) 704-6300

**YOU ARE
NOT ALONE.**

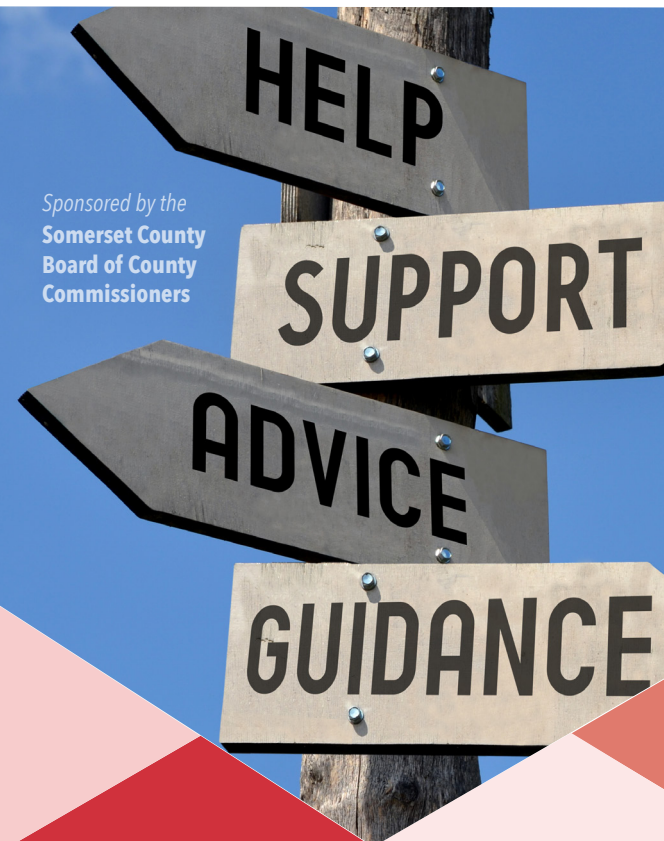
SCAN THE QR TO FIND

- Community Resources
- Local Advisory Council Meetings
- Intoxicated Driver Resource Center (IDRC) Class Information



Division of Operations and Planning
27 Warren Street
PO Box 3000
Somerville, NJ 08876

Sponsored by the
**Somerset County
Board of County
Commissioners**



A GUIDE TO **Drug & Alcohol Treatment and Support Services**

**SOMERSET COUNTY DEPARTMENT
OF HUMAN SERVICES**

Office of Operations and Planning
Director: Michael Frost
27 Warren Street
Somerville, NJ 08876
(908) 704-6300

SUBSTANCE USE PREVENTION

Municipal Alliance Coordinator (908) 704-6305
Somerset County Department of Human Services
27 Warren Street • Somerville, NJ • 08876

EmPoWER Somerset (908) 782-3909
Family Support Coordinator of Somerset
4 Walter E. Foran Blvd. • Flemington, NJ • 08822

ASSESSMENT AND REFERRAL

NJ Addiction Services Hotline (IME) (844) 276-2777
24 h/7 Assessment/Referral

REACHNJ 24/7 Helpline (844) 732-2465

WITHDRAWAL MANAGEMENT (DETOX) AND SHORT-TERM RESIDENTIAL (REHAB)

New Hope Integrative Behavioral Health* (732) 946-3030
80 Conover Road • Marlboro Twp • NJ 07746
*Adult, Young Adult, Youth *County/State Funding Available*
www.newhopeibhc.org

Hackensack Meridian Health, Carrier Clinic (800) 933-3579
252 Route 601 • Belle Mead, NJ • 08502
Adult, Young Adult
www.princetonhcs.org

Recovery Centers of America-Raritan Bay (973) 722-4720
Donald.hebert@recoverycoa.com
www.recoverycentersofamerica.com/locations/raritan-bay/

MEDICATION ASSISTED RECOVERY-METHADONE

Somerset Treatment Services* (908) 722-1232
118 West End Avenue • Somerville, NJ 08876
*Adult *Naloxone training available*
www.somersettservices.org

New Hope Integrative Behavioral Health (732) 946-3030
*(Open Door)**

FAMILY SUPPORT SERVICES

Pioneer Family Success Center (908) 722-4400
50 Division Street, Suite 302 • Somerville, NJ • 08876
www.empowerfsc.com

Prevention Resources, Inc. (908) 782-3909
Family Support Coordinator of Somerset
4 Walter E. Foran Boulevard • Flemington, NJ • 08822
www.njprevent.com

INTENSIVE OUTPATIENT AND OUTPATIENT PROGRAMS

Catholic Charities (908) 722-1881
540 Route 22 East • Bridgewater, NJ • 08807
Adult, Adolescent, Child, Family, Co-Occurring
www.ccdom.org

Family & Community Services* (732) 356-1082
339 W Second Street • Bound Brook, NJ • 08805
Adult, Adolescent, Child, Family, Co-Occurring
www.fcsomerset.org

Richard Hall Community* (908) 725-2800
Health and Wellness Center
500 North Bridge Street • Bridgewater, NJ • 08807
Adult, Adolescent, Family, Co-Occurring

Somerset Treatment Services* (908) 722-1232
118 West End Avenue • Somerville, NJ • 08876
Adult, Co-Occurring
www.somersettservices.org

Roots to Recovery (732) 933-6403 x409
984 Bergen Avenue • North Brunswick, NJ • 08902
**County funding available*
www.cge-nj.org

Stress Care of New Jersey (732) 679-4500
61 Veronica Avenue • Somerset, NJ • 08873
www.stresscareclinic.com

New Hope Integrated Behavioral Health Care (IBHC) Open Door*
2-4 New & Kirkpatrick Streets • New Brunswick, NJ • 08901

VETERAN SERVICES

Somerset County Veterans Services (908) 704-6329
Veteran's Administration (908) 647-0180 x4269
Lyons Medical Center
151 Knollcroft Road • Lyons, NJ • 07939

VA Substance Use Disorder Program (973) 676-1000
385 Tremont Avenue • East Orange, NJ • 07018
www.newjersey.va.gov

RECOVERY SUPPORT SERVICES

Reach for Recovery (R4R) (908) 253-3119
Richard Hall Community Health and Wellness Center
500 North Bridge Street • Bridgewater, NJ • 08807
Linkage to recovery services, support groups

Community in Crisis (973) 876-3378
9 Church Street • Bernardsville, NJ • 07924
www.communityincrisis.org

HALFWAY HOUSES

Turning Point, Anderson House (908) 534-5818
532 Route 523 • Whitehouse Station, NJ • 08889
Adult-Female
www.turningpointnj.org/Anderson-House

Freedom House (908) 537-16043
200 Sanatorium Road • Glen Gardner, NJ • 08826
www.freedomhousenj.org

Phillip House (732) 870-8500
190 Chelsea Avenue • Long Branch, NJ • 7740
Adult-Male
www.newhopeibhc.org

Epiphany House – Asbury Park (732) 775-0702
1110 Grand Avenue • Asbury Park, NJ • 07712
Adult Female & Adult Female with Dependent Children
www.newhopeibhc.org

Epiphany House – Long Branch (732) 870-9113
373 Brighton Avenue • Long Branch, NJ • 07740
Adult-Female
www.newhopeibhc.org

MOTHER-CHILD SUPPORTIVE HOUSING

The Center for Great Expectation (732) 247-7003 x355
19-B Dellwood Lane • Somerset, NJ • 08873
Permanent supportive housing for pregnant and parenting adult and adolescent females with a substance use disorder and their children.
www.cge-nj.org

TOBACCO ADDICTION SERVICES

Tobacco Quitcenter (908) 685-2442
Robert Wood Johnson University Hospital
RWJ Barnabas Health Somerset (*Steeplechase Cancer Center*)
30 Rehill Avenue • Somerville, NJ • 08876
quitcenter@rwjbh.org

INTOXICATED DRIVERS RESOURCE CENTER

Intoxicated Driver Resource Center (908) 704-6304
27 Warren Street • Somerville, NJ • 08876
Mandated program for individuals with a convicted offense for driving or boating under the influence of a substance; Referrals from the State of New Jersey-Intoxicated Driving Program.

