



## Infant & Early Childhood Mental Health (IECMH)

IECMH-CPNJ is a program designed to address mental health disparities among infant and children under the age of 12. It will work to directly provide services in Hudson, Bergen, and Passaic County who are at risk of, showing early signs of, or have been diagnosed with a mental illness, including a serious emotional disturbance (SED) as well as children with a history of in-utero exposure to substances that may impact development.

### Program Goals:

*Foster and uphold the health and wellbeing of young children and their families through counseling services as well as fill gaps in direct behavioral health services by addressing the need for greater training.*

### Available Trainings:

- *Early Childhood Development*
- *Adverse Childhood Experiences (ACEs)*
- *Preventative Care*
- *Risk Assessments*
- *Specific Needs of Infants & Children/How to Screen for Needs*
- *Early Intervention*
- *Ages and Stages Questionnaires (ASQs)*

For more information or to register, please contact: **Rachel Pettersen, LSW**

☎ **201-233-3950**

✉ **RachelP@CarePlusNJ.org**



365 W Passaic St.  
Rochelle Park, NJ 07662  
[www.CarePlusNJ.org](http://www.CarePlusNJ.org)